

Information and resources for  
**EMPLOYMENT  
COUNSELLORS**

Restarting Career  
After 45

Partners:



*Catalonia Region  
Spain*

**Sources of information to find**  
**ENTITIES THAT PROVIDE HELP FOR JOB SEARCHING**

- **Terrassa's Council**  
Guide of job entities national and international scope and by work sectors
- **Catalonia Occupation Services (SOC)**  
Directory of occupation services offices in Catalonia
- **Servicio Público de Empleo Estatal (SEPE)**  
Directory of SEPE employment offices in Spain  
  
Directory of Employment Agencies in Spain

**Sources of information to find**  
**ENTITIES THAT PROVIDE HELP TO START A NEW BUSINESS**

- **Generalitat de Catalunya Government**  
Directory of Business management offices in Catalonia
- **Catalunya Empren**  
Directory of advice entities for Enterprising
- **Create your company - Department of Industry and Small and Medium Enterprises**  
Directory of attention points for entrepreneurs

**Sources of information to find**  
**PUBLIC SOCIAL AND HEALTH CARE SERVICES**

- **Generalitat de Catalunya Government**  
Directory of Social Services in Catalonia  
  
Guide of Health institutions on Catalonia
- **Ministry of Health, Social Services and Equality**  
Information and Citizen Support Office

**Sources of information to find**  
**ENTITIES THAT PROVIDE SOCIAL CARE**

- **Tercer Sector**  
Guide of social care entities in Catalonia
- **Incorpora de La Caixa**  
Guide of social care entities in Barcelona city
- **Terrassa's Council**  
Guide of Health and Welfare entities in Terrassa city
- **Generalitat de Catalunya Government**  
Directory of Social Entities in Catalonia