

Information and resources for  
**EMPLOYMENT  
COUNSELLORS**

Restarting Career  
After 45

Partners:



*Madrid Region  
Spain*

## Sources of information to find

### **ENTITIES THAT PROVIDE HELP FOR JOB SEARCHING**

- **Search for Job Offers**  
Internet based job office
- **Counselling for employment**  
Counselling services
- **Employment on-line intermediation**  
Web based labour exchange platform. The worker may register to introduce C.V. and update data. Job offers can be find by various criteria, and users can follow offers they are interested in and report the results of interviews.
- **“Empléate” – Employment site**  
Internet based labour exchange platform. It is an initiative of the Ministry of Employment and Social Security, in collaboration with Obra Social "la Caixa" and with the participation of all regions. Its aim is to centralize all supplies from various public employment services, state and regional, as well as private sites that join the project.
- **“Empléate” - Self-employment site**  
Intermediation platform between self-employed people that offer services and people/enterprises that need products/services

## Sources of information to find

### **ENTITIES THAT PROVIDE HELP TO START A NEW BUSINESS**

- **Empréndelo Website**  
Personal counsellor (on-line)
- **Entrepreneur practical guide**  
HTML format information guide to start a new company

- **Public financial support**

Information about public financial sources

- **Empréndelo Courses**

Training for entrepreneurship

- **Department of Industry and Small and Medium Enterprises**

- On-line tool to analyse entrepreneurship attitudes. Self-diagnosis of entrepreneurial attitude.
- Simulates your business project
- On-line tool to draft a business plan
- CIRCE, creating companies over the Internet – Video Tutorials for help

## Sources of information to find

### **PUBLIC SOCIAL AND HEALTH CARE SERVICES**

- **IMSERSO (National Institute of elderly and Social Services)**  
Website
- **Ministry of Health, Social Services and Equality**  
Website for Health protection

## Sources of information to find

### **ENTITIES THAT PROVIDE SOCIAL CARE**

- **Integrated Employment Services Red Cross**  
Guides for job search
- **Guidance and Information Service for Jobseekers by Caritas Madrid**  
Directory of services for employment